

# STATIONS OF THE CROSS

Before each station: V/ "We adore you Oh Christ and we praise you."

R/ "Because by your holy Cross you have redeemed the world."

After each station: **Our Father, Hail Mary, and Glory.**



## I. JESUS IS CONDEMNED TO DEATH

"Jesus is all alone. Far off now are the days when the words of the Man-God brought light and hope to men's hearts, those long processions of sick people whom he healed, the triumphant acclaim of Jerusalem when the Lord arrived, riding on a gentle donkey."



## II. JESUS TAKES UP HIS CROSS

"Offering no resistance, Jesus gives himself up to the execution of the sentence. He is to be spare nothing, and upon his shoulders falls the weight of the ignominious cross. But, through love, the Cross is to become the throne from which he reigns."



## III. JESUS FALLS THE FIRST TIME

"The worn out body of Jesus staggers now beneath the huge Cross. His most loving Heart can barely summon up another breath of life for his poor wounded limbs. A sharp pain pierces the soul of Jesus; Our Lord falls to the ground exhausted"



## IV. JESUS MEETS HIS MOTHER

"Hand in hand with Mary, you and I also want to console Jesus, by accepting always and in everything the Will of his Father, of our Father".



## V. SIMON OF CYRENE HELPS JESUS

"In the whole context of the Passion, this help does not add up to very much. But for Jesus, a smile, a word, a gesture, a little bit of love is enough for him to pour out his grace bountifully on the soul of his friend."



#### **VI. VERONICA WIPES THE FACE OF JESUS**

“The beloved face of Jesus, that had smiled upon children and was transfigured with glory on Mount Tabor, is now, as it were, concealed by suffering. But this suffering is our purification; the sweat and the blood, which disfigure and tarnish his features, serve to cleanse us.”



#### **VII. JESUS FALLS A SECOND TIME**

“To our falling again and again into evil, Jesus responds with his determination to redeem us, with an abundance of forgiveness. And, so that no one may despair, again he wearily rises himself, embracing the Cross.”



#### **VIII. JESUS CONSOLES THE WOMEN**

“Your sins, my sins, the sins of all men rise up. All the evil we have done and the good we have neglected to do. The desolated panorama of the countless crimes and iniquities which we would have committed, if He, Jesus, had not strengthened us with the light of his most loving glance.”



#### **IX. JESUS FALLS THE THIRD TIME**

“My God! May I hate sin, and unite myself to you, taking the Holy Cross into my arms, so that I, in my turn, may fulfill your most lovable Will,... stripped of every earthly attachment, with no other goal but your glory,... generously, not keeping anything back, offering myself with you in a perfect holocaust.”



#### **X. JESUS IS STRIPPED OF HIS GARMENTS**

“For us to reach God, Christ is the way; but Christ is on the Cross, and to climb up to the Cross we must have our heart free, not tied to earthly things.”



#### **XI. JESUS IS NAILED TO THE CROSS**

“And we, our soul rent with sorrow, say to Jesus in all sincerity: I am yours and I give my whole self to you; gladly do I nail myself to your Cross, ready to be in the crossroads of this world a soul dedicated to you, to your glory, to the work of Redemption, the co-redemption of the whole human race.”



## **XII. JESUS DIES ON THE CROSS**

“Love sacrifice; it is a foundation of interior life. Love the Cross, which is an altar of sacrifice. Love pain, until you drink, as Christ did, up to the last drop of the chalice.”



## **XIII. JESUS IS LAID IN THE ARMS OF HIS BLESSED MOTHER**

Joseph of Arimathea and Nicodemus were not known publicly as disciples of the Master. But now, when things have turned bad, when the others have fled, they are not afraid to stand up for their Lord. Between the two of them they take down the body of Jesus and place it in the arms of his most holy Mother. Mary's grief is renewed. The Blessed Virgin is our Mother, and we do not wish to, we cannot, leave her alone.”



## **XIV. JESUS IS LAID IN THE TOMB**

“We must bring into our life, to make them our own, the life and death of Christ. We must die through mortification and penance, so that Christ may live in us through Love. And then follow in the footsteps of Christ, with a zeal to co-redeem all mankind.”