



**PRAYER IS THE DIALOGUE
OF THE SOUL WITH GOD...**

"Certainly, the great secret of the spiritual life is to place in his hands all that we love, abandoning ourselves to everything he wants, with perfect confidence that everything will be better..."

St. Vincent de Paul

Stations of the Cross

The station is mentioned

L: We adore you O Christ and we bless you

Q: Because by your holy cross you redeemed the world

Reflection on the season

Our Father, Hail Mary and Glory Be

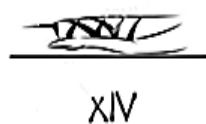
Have mercy on us, Lord.

Have mercy on us

Seasons

- I. Jesus is condemned to death
- II. Jesus carries the cross
- III. Jesus falls for the first time
- IV. Jesus meets his Mother
- V. The Cyrenean helps Jesus carry the cross
- VI. Veronica cleanses the face of Jesus
- VII. Jesus falls a second time
- VIII. Jesus comforts the women of Jerusalem
- IX. Jesus falls for the third time
- X. Jesus is stripped of his garments
- XI. Jesus is nailed to the cross
- XII. Jesus dies on the cross
- XIII. Jesus is taken down from the cross
- XIV. Jesus is placed in the tomb

VIA CRUCIS



Via Lucis

The station is mentioned

L: We adore you, O risen Christ, and we bless you.

Q: Because with your Passover you have given life to the world.

Reflection on the season

Our Father, Hail Mary and Glory Be

L: O Mary, temple of the Holy Spirit,

Q: Guide us as witnesses of the Risen One on the path of light.

Seasons

- I. Jesus rises from the dead
- II. The disciples find the tomb empty
- III. Jesus manifests himself to Mary Magdalene
- IV. Jesus walks with the disciples of Emmaus and explains the Scriptures to them
- V. Jesus is recognized in the breaking of the bread
- VI. Jesus appears to his disciples and grants them his peace
- VII. Jesus gives His disciples the power to forgive sins
- VIII. Jesus strengthens Thomas' faith
- IX. Jesus appears to his disciples on Lake Tiberias
- X. Jesus confirms Peter's primacy
- XI. Jesus entrusts his disciples with the preaching of the Gospel
- XII. Jesus ascends to heaven
- XIII. The Apostles await with Mary the coming of the Holy Spirit
- XIV. Apostles Receive the Promised Holy Spirit

VIA LUCIS



I



II



III



IV



V



VI



VII



VIII



IX



X



XI



XII



XIII



XIV

Prayer of Abandonment

Father, I put myself in your hands, do with me what you will. Whatever it is, I thank you.

I am ready for everything, I accept everything, as long as your will is fulfilled in me and in all your creatures. I desire nothing more, Father. I place my soul in your hands, my God, with all the love of my heart, because I love you, and it is for me a need of love to give myself, to give myself in your hands without measure, with infinite trust because you are my Father. Amen

The Serenity Prayer

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can change, and the wisdom to know the difference.

Living one day at a time, enjoying one moment at a time; accepting adversity as a path to peace; accepting, as Jesus did, this sinful world as it is, and not as I would like it to be;

believing that You will make all things right if I surrender to Your will; so that I can be reasonably happy in this life and incredibly happy with You in the next. Amen.

Israel's Hope

and their Savior in the time of trial, turn a gaze of goodness, visit this vineyard, water its furrows, increase its plants, and perfect this work planted by your hand. Your harvest is plentiful, but the laborers are few. We pray You, the Lord of the harvest, to send forth laborers for your harvest. Multiply the family and increase our joy, so that the city of God may increase. This house is Yours, Lord, this house is Yours, that there is not a stone in it that Your hand has not placed. And those who are already called, Lord, preserve them in Your Name and sanctify them in the Truth. Amen.

Prayer to the Holy Spirit

Holy Spirit, light of our understanding, sweet encouragement in our decisions, give me the grace to listen attentively to your voice to discern the secret ways of my heart, in order to grasp what is really important to you and to free my heart from its afflictions. I ask you for the grace to learn to pause to become aware of my way of acting, of the feelings that dwell in me, of the thoughts that invade me, and that, many times, I cannot recognize. I hope that my choices will lead me to the joy of the Gospel. Even if I have to go through moments of doubt and weariness, even if I have to struggle, reflect, seek and start again... Because, in the end, your consolation is the fruit of the right decision. Grant me to know better what moves me, to reject what distances me from Christ, and thus to love and serve him more. Amen

St. Francis' Prayer for Peace

Lord, make me an instrument of your peace.

Where there is hatred, I may put love.

Where there is offense, may I forgive.

That where there is discord, I put the union.

Where there is error, I may put the truth.

Where there is doubt, may I put the Faith.

That where despair, I put hope.

Where there is darkness, may I put the light.

Where there is sadness, may I bring joy.

Master, may I not seek so much to be consoled, as to console,

to be understood, how much to understand,

to be loved, how much to love.

For it is by giving that one receives,

it is by forgetting oneself that one finds oneself,

it is by forgiving, as one is forgiven,

It is by dying that one is resurrected to eternal life.

Amen.

Angelus

The angel of the Lord announced Mary.
And he conceived by the work and grace of the Holy Spirit.

Hail Mary. . . .

Behold the handmaid of the Lord.
Let it be done to me according to your word.

Hail Mary. . . .

And the Word of God became flesh.
And he dwelt among us.

Hail, Mary...

Pray for us, Holy Mother of God, that we may be
worthy to attain to the promises of our Lord Jesus
Christ. Amen.

Let us pray. O Father, infuse your grace into our souls.
You, who in the annunciation of the Angel revealed to
us the incarnation of your Son, by his passion and his
cross lead us to the glory of the resurrection. Through
Christ, our Lord. Amen.

Queen of Heaven *(During the Easter season)*

Queen of heaven, rejoice; hallelujah.
For the Lord whom you have merited to lead; Hallelujah.
He is risen according to his word; Hallelujah.
Pray to the Lord for us; Hallelujah.
Rejoice and rejoice, Virgin Mary; Hallelujah.
For truly the Lord is risen; hallelujah.

Let us pray

O God, who in the glorious resurrection of your Son has
restored joy to the whole world, through the intercession
of the Virgin Mary, grant that we may enjoy the joy of
eternal life. Through Christ, our Lord. Amen.

Memorare

Gentle Mother of my life, help of Christians, the sorrow that torments me, I place in your blessed hands.

Hail Mary. . . .

You who know my sorrows, for I entrust them all to you, give peace to the troubled and relief to my heart

Hail Mary. . . .

And though I do not deserve your love, I will not have recourse to you in vain, for you are the Mother of God, and the help of Christians.

Hail Mary. . . .

Remember, O Holy Mother, that it has never been heard of that anyone has implored you, without your help to receive, so with faith and trust, humble and repentant, full of love and hope, this favor I ask of you.

O sinless Mary conceived,

Pray for us who have recourse to you.

The Daily Exam

A daily way of praying to examine our lives and better serve God.

1- Ask God for light

I want to look at my day through God's eyes, not just through my own.

2- Give thanks

The day I have just lived is a gift from God. Be grateful.

3- Review your day

Think carefully about the day that has just ended, guided by the Holy Spirit.

4- Face your failures.

I face what is failing both in my life and in me.

5- Think about tomorrow.

Think about where I might need God's presence tomorrow.

The Chaplet of Divine Mercy

(At the beginning)

Sign of the Cross, Our Father, Hail Mary, and Creed

(At the beginning of each decade)

Eternal Father, I offer You the Body, the Blood,
the Soul and Divinity of Your dearly beloved Son,
Our Lord Jesus Christ, as propitiation
of our sins and those of the whole world.

(On each Rosary bead)

By His sorrowful Passion, have mercy on us
and the whole world.

(At the end)

Holy God, Holy Mighty One, Holy Immortal,
Have mercy on us and the whole world.

(Repeated three times)

O Eternal God, in whom mercy is infinite and the
treasury of compassion inexhaustible, turn Your
gracious gaze upon us and increase Your mercy in
us, so that in difficult times we may not despair or
become discouraged, but with great confidence
submit to Your holy will, which is Love and Mercy
itself. Amen.

The mustard seed is very small, but Jesus says that it is enough to have such a faith, small, but authentic, ... to do things that are humanly impossible, ... And it is true! We all know simple, humble people, but with a very firm faith, who truly move mountains. Let us think, for example, ... of some sick people, even very serious ones, who transmit serenity to those who come to visit them. These people, precisely because of their faith, do not boast of what they do. How many people among us have this strong, humble faith that does so much good. (...) each one of us, in our own daily lives, can bear witness to Christ, with the strength of God, the strength of faith. How do we get this strength? We take it from God in prayer. Prayer is the respite of faith: in a relationship of trust, in a relationship of love, dialogue cannot be lacking, and prayer is the dialogue of the soul with God.

Pope Francis - Angelus, October 6, 2013